

09 Summer Dates

Weight Training & Quickness Training Summer Hours

	Monday	Tuesday	Wednesday	Thursday	Friday
a.m.	6:30-8:30	6:30-7:30	6:30-8:30	6:30-7:30	6:30-8:30
		8:30-10:00 (Fresh)		8:30-10:00 (Freshman)	
p.m.	5:00-6:00	5:00-6:00	5:00-6:00	5:00-6:00	CLOSED

All Sports Combine. May 2nd testing and May 16th awards + Fun. Grades 6th through 11th. No Cost.

Eastbay SPARQ CAMP @ DCE DATE/TIME ?

June 26th & 27th EauClaire Coaches Passing Hodag Team Camp.

4 to 8 pm and the 8 am to noon. Behind RHS. \$45

Summer Passing League-UNDECIDED AT THIS TIME.

July 20th, 21st and 22nd. Polish Trenches. 5:30-7:30 p.m.

*Lineman and those that need to improve blocking skills. \$50

July 27th, 28th, 29th, 30TH and 31st. Hodag TEAM camp. 3:00-6:00 p.m.

*Formations Option O, DEFENSE. \$50 cost.

July 20th, 21st, 22nd & 23rd. Jersey Camp. 4:30 pm until 7:00 pm.

*Helping those players that will be in the near future representing the Rhinelander Hodag Football Program. Cost \$45

August 10th, Equipment will be issued and short meeting to discuss the PLAN of ATTACK. Also we will attempt to start the Hodag card sale. 8 am until 10:30 am.

PURSUIT OF 14

EauClaire Coaches Camp



Dates: **June 26th & 27th**
Time: **4pm to 8pm Friday night & 8am to noon on Sat.**
Where: **RHS Football Fields.**
Grades: **10th, 11th and 12th grade for the coming school year.**
Cost: **\$45. T-shirt order needs to go out. FREE/REDUCED LUNCH=NO CHARGE**
Coaches: **EauClaire College Coaching Staff.**

CAMP EMPHASIS. Trips/Spread & Power

- Blocking Progression.
- Explosion Tackling Progression.
- 45 Cal. Defense
- 45 Cal. alignment and responsibilities.
- Trips-Bunch-Twins Passing Package
- Belly option backfield techniques.

Name _____ Grade _____ Phone _____

Address _____

T-Shirt size S M L XL XXL Adult sizes. Please circle for size.

Make checks out to **RHS Booster Club**
Nats Obey
3790 Port Aurora Rd.
Rhineland, WI 54501
715 365-9551

Legal Disclaimer: Must be signed by parent/legal guardian. I authorize that the camp director to act for me in care of any emergency requiring medical attention. I understand I'm responsible for all hospital, laboratory and doctor's fees. My son/daughter is physically fit to participate in vigorous physical activity and I further understand that neither the School District of Rhineland or anyone associated with the Option North Football camp will be liable for accidents or illnesses.

Signature of Parent/Guardian _____.

Hodag Football Hodag Football Team Camp

Dates: **July 27th, 28th, 29th, 30th and 31st.**

Time: **3:00 to 6:00 p.m.**

Where: **RHS Football Fields.**

Grades: **9th, 10th, 11th and 12th grade for the coming school year.**

Cost: **\$50. T-shirt order needs to go out. FREE/REDUCED LUNCH=FREE CAMP**

Coaches: **High School Coaching Staff.**

CAMP EMPHASIS. BLOCKING AND TACKLING.

- Blocking Progression.
- Tackling Progression.
- Offensive and Defensive stances.
- Offensive and Defensive alignment and responsibilities.
- New Formations and Our Offense.
- Belly option backfield techniques.

Name _____ Grade _____ Phone _____
Address _____

T-Shirt size S M L XL XXL Adult sizes. Please circle for size.

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Nats Obey

3790 Port Aurora Rd.

Rhineland, WI 54501 715 365-9551

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HODAG JERSEY FOOTBALL CAMP

Dates: 7/ 20th, 21st, 22nd and 23rd.

Where: RHS Football Fields.

Time: 4:30 pm to 7:00 pm.

Grades: 6th & 7th, 8th for the coming school year.

Cost: **\$45. JERSEY ORDER NEEDED. FREE/REDUCED LUNCH=FREE CAMP.**

Financial assistance available. Call Coach Moore 362-1016.

Coaches: High School Coaching Staff.

CAMP EMPHASIS. BLOCKING AND TACKLING.

- Hodag Offensive Systems (belly option attack).
- Hodag Defensive Systems (43 stack attack).
- Blocking Progression.
- Tackling Progression.
- Offensive & Defensive alignment.
- Meet the High School Coaches & Players.

Name _____ Grade _____ Phone _____

Address _____

Adult Sizes Name on Back _____

JERSEY size. S M L XL Number _____

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Nats Obey
3790 Port Aurora Rd.
Rhineland, WI 54501

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Signature of Parent/Guardian _____.